

# RE/MAX<sup>®</sup> REALTY TEAM

## Supports our Soldiers !

### Treats

Soldiers love getting treats from back home, but remember that they need to be non-perishable. If this is your first care package you'll have to do a little guess work but if you are thinking about sending treats be sure to ask your adopted soldier to write back with a list of their favorite snacks.

The key to sending treats is to make sure they are portable. Soldiers like to be able to carry snacks on them. This means looking for packaging that is smaller and won't burst open easily. You could also include ziplock bags so that your soldier can portion snacks.

Snack bars (we send a lot of Moose Crunch Bars)

Small, hard containers of snacks

Snack cakes

Cheese crackers

Candy (avoid chocolate)

Gum

Sunflower seeds

Nuts

Trail mix

Chips of any kind

Gummies





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### Food and Drink

Sending food or drinks is a little trickier. The best things to send are things that are already prepared, things that will enhance the MREs they receive (Meals Ready to Eat) or quick sources of protein. Here are some ideas:

Ramen Noodles

Seasoning salt

Hot sauce

Flavoring packets for water

Individual packets of condiments

Powdered drink mix

Energy bars

Tuna fish

Sardines

Beef Jerky

Summer Sausage

Instant Mac and Cheese

Tea bags

Peanut butter

Coffee Whole Bean or Ground

Red Bull

Monster Energy Drinks

V8

Perrier

Gatorade





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### Toiletries

Lots of soldiers say that toiletries are also great to send, but be sure to check-in with your soldier on his or her specific needs. It may not seem that exciting to you, but the soldiers really appreciate receiving personal care items. Here are some things to send:

Toothbrushes

Toothpaste

Shaving lotion

Disposable razors

Shampoo

Mouthwash

Baby wipes

Lip Balm/gloss

Lotion

Pain relievers

Feminine hygiene products

Eye drops

Foot powder

Sunscreen

Glass cleaner or lens cleaning cloths (for cleaning sand off their glasses)

Axe Body Spray

Finger nail clippers

Q-Tips

First aid kits





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### Entertainment

Entertainment options are great to send as soldiers have downtime to spend while they are not out on a mission.

Letter writing supplies

Frisbies/balls

Holiday decorations

Board games

Cards

Books

Journals (Pilot Precise is often requested)

V5 Stick Rolling Ball Pens

June 9th - Packing Day 10 am - 1pm

June 15th - MUST be MAILED

Any questions, please see Yoselyn or Lorena

